



STAY HEALTHY  BE NATURAL

INFORMAZIONI AGGIUNTIVE • ADDITIONAL INFORMATION

Powderd coconut milk / Liquid coconut milk

Coconut is a magical food product that enhances the vitality and endurance of the body. It is rich with Iron which prevents the development and formation of haemoglobin. Iron plays an important role in the functioning formation and activity of haemoglobin in the body which can prevent anaemia and improve anaemic conditions in the patient. It reduces muscle fatigue, and relieves tired ligaments, which are due to a lack of proper oxygen supply. It also helps people with respiratory problems and lowers cholesterol, thereby inducing weight loss. Very good also for a vegan diet.

Coconut milk powder provides oxygen to all parts of the body. It increases the fresh oxygen supply to damaged and tired muscles, and to muscle tissue. This results in a rapid recovery. The coconut milk powder can help to maintain and control the health of your heart. It helps to increase the development and activity of haemoglobin (a protein of oxygen binding in the blood).

The formation of stimulated haemoglobin may increase the transport of oxygen to the heart and other tissues of the body. This reduces the unnecessary pressure on the heart.

Also recent studies prove the efficacy of powdered coconut milk as a strong anti-bactericidal agent. It inhibits the circulation and growth of bacteria, fungus and yeast including all the microbes which can cause various infections that can be fatal to humans.

To Use the Coconut milk powder in addition to make a rich, full-flavored **coconut** milkù, fast and easy by simply adding 2 tbsp of coconut milk powder in to hot water and add in curries, baked desserts, drinks, ice cream, sauces and more.

Coconut Milk can be used directly while preparing the above dishes , to make the coconut milk less densed add a little water